The Spirit and the bride say, “Come!” And let all who hear say, “Come!” Whoever is thirsty, let them come; and whoever wishes, let them take the free gift of the water of life.

The Words of Christ from Revelation 22:17
The Journey Center: Christ-centered Spirituality, Healing and Wholeness

Transformation...whether it is individual, social or global...most of us are seeking this kind of deep and lasting change in some area of life. We know that something is broken; the promise of healing and wholeness beckons us and inspires our journey.

You may be one who recognizes your spiritual thirst, the longing to experience the presence of God and the transformation that encounter brings. And this is what the Journey Center is all about...we are a place for transformation. We offer opportunities for growth, learning, community and making a difference in the world.

We are not a church or an institution, but a group of people who have encountered the Living Christ and are being transformed by that experience.

Spirituality: We believe that true spirituality involves opening ourselves to a deeper awareness of the Presence and Love that already surrounds us, listening for the voice of God and learning to respond to the movement of the Spirit in our lives.

Healing: We believe that Christ lives and that He continues to walk among us, eager to touch us with the healing power of His love. And that healing is available for every area of our personal lives, our relationships, for those who suffer in our community and in the world, and for this beautiful earth itself.

Wholeness: We believe that we were created to love with all of who we are...heart, soul, mind and strength. We are all being invited by the Spirit to move towards wholeness.

Health and Healing: Every person has been given the gift of a body, and at the Journey Center we offer many opportunities to move towards health and to experience healing of the whole person (yoga, movement, dance, health-related classes, healing prayer, outdoor adventures, etc.).

Community: We aren’t meant to live life alone, and so we offer a variety of small and large group gatherings where you can experience healthy community with others who are on the journey. All are welcome!

Music and the Arts: At the Journey Center, we value and celebrate the gift of creativity! The arts are pathways to encountering God, as well as avenues of expressing our God-given creative gifts.

Retreats: We invite you to consider participating in one of our retreats, for individuals or groups. There is nothing like taking time to be in the transforming presence of God without any distractions!

Compassion, Mercy and Justice: We believe that the fruit of our deepening relationship with God is meant to be an overflow of love to those who are struggling on their journey, and so we offer opportunities to join with others in reaching out and making a difference in our community and world.

Resources for YOUR Journey...

Spiritual Direction: This ancient practice is at the core of what we offer at the Journey Center. Meet regularly with one of our spiritual directors and learn to notice and respond to the presence and movement of the Spirit in your life.

Spiritual Practices: We offer many gatherings, groups and classes which are focused on simple and powerful ways to experience God wherever you find yourself on your spiritual journey (prayer/meditation, journaling, study, silence & solitude, prayer labyrinth, and many others).

Self-understanding and Personal Growth: Most of our classes and groups are designed to provide a safe and supportive place where you can learn, grow, develop and become all that you were created to be. (To name a few: the Enneagram, support and recovery groups, counseling, book studies.) And you are always welcome to check out the Journey Center’s reading room- a quiet place, a comfortable chair and a host of helpful books!

For a complete listing of all the Journey Center’s current gatherings, groups, classes, retreats and volunteer opportunities, please visit our website at www.journeycenter.org or call our office for our newsletter (707-578-2121).

Where to Find Us
The Journey Center’s resources for transformation are offered in various locations throughout Sonoma County. Our new office and center is located at 1601 Fourth Street, Santa Rosa, CA 95404.