

JUNE 2018



ENCOUNTER GOD • BE RENEWED

Everyone Welcome
Workshops • Retreats • Art Gallery • Spiritual Direction

1601 Fourth Street
Santa Rosa, CA 95404
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www.journeycenter.org
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please stop by for a visit if you're looking to give your mind, body and spirit some rest, Monday - Friday 10:00 a.m. - 4:00 p.m.</p> <p>You'll always find warm hospitality and a cup of coffee/tea. And there's always someone to talk and/or pray with. We look forward to welcoming you.</p>		<p>We are a 501 (c) 3 non-profit and its only by your generous donations that we are able to serve our community.</p> <p>Register and/or pay for a classes, workshops or events online at www.journeycenter.org/regForm.php or call the Journey Center at (707) 578-2121.</p>			<p>1 12 pm A Quiet Place for Lectio Divina 5 pm Art opening reception with local artist Mandy Bankson</p>	<p>2 9 am Companions in Grace...a morning in silence, First Congregational UCC, Santa Rosa</p>
3	4 12 pm Centering Prayer	5 12 pm Imaginative Prayer 7 pm Group Spiritual Direction for Women	6 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina	7 5:30 pm Centering Prayer	8 12 pm A Quiet Place for Lectio Divina	9
10	11 12 pm Centering Prayer 7 pm Contemplative Guys group	12 12 pm Imaginative Prayer	13 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina 5 pm Downtown market	14 5:30 pm Centering Prayer	15 12 pm A Quiet Place for Lectio Divina	16
17	18 12 pm Centering Prayer 6:30 pm Group Spiritual Direction for Caregivers	19 12 pm Imaginative Prayer 6:30 pm Be the Bridge to Racial Unity movie & discussion	20 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina Lassen backpacking	21 5:30 pm Centering Prayer Lassen backpacking	22 12 pm A Quiet Place for Lectio Divina 6:30 pm Enneagram Exploration Experience Lassen backpacking	23 9 am Enneagram Exploration Experience Lassen backpacking
24 Lassen backpacking	25 12 pm Centering Prayer 5 pm The Attorney Is In	26 12 pm Imaginative Prayer	27 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina 5 pm Downtown market	28 5:30 pm Centering Prayer	29 12 pm A Quiet Place for Lectio Divina	30

We exist to offer a Christ-centered haven for spiritual exploration and reflection.

FREE
DROP IN

Centering Prayer Groups

Mon, Noon - 12:45 pm
Thurs, 5:30 pm - 6:00 pm

A time of prayer and contemplation in which we practice a Christ-centered form of meditation. People on all silent meditation paths are welcome, both beginners and experienced practitioners.

FREE
DROP IN

Weekly Contemplative Prayer/ Meditation Group: Centering Prayer/Prayer of the Imagination United Methodist Church, Sebastopol

Wed, Noon - 1:00 pm (meets in the sanctuary)
You are invited to encounter Christ in silence, in contemplation and in the imagination, as we practice Christ-centered forms of meditation. Beginners and people on all meditation paths welcome.

FREE
DROP IN

Imaginative Prayer: Encountering Christ in the Gospels

Tues, Noon - 1:00 pm

Encounter Christ in the stories of His life using the gift of your God-given imagination. This gathering offers a guided prayer/meditation time in which the events of the life of Christ become present and personal, allowing us a direct experience of the love of God.

FREE
DROP IN

Centering Prayer and Lectio Divina

Wed, 6:30 pm - 8:00 pm

We begin with Centering Prayer, a method of silent prayer that opens and prepares us to experience God's presence and transforming love. Silent prayer is followed by the spiritual practice Lectio Divina and sharing.

FREE
DROP IN

A Quiet Place for Lectio Divina

Fri, Noon - 1:00 pm

Following this Christ-centered form of meditation, we embrace the ancient art of praying the Scriptures known as Lectio Divina where we listen with the "ear of the heart" with the aim of nourishing and deepening our relationship with the Holy One.

FREE
DROP IN

Companions in Grace . . .

a morning of silence

Sat, June 2, 9:00 am - 11:15 am

Join Carla Holt and Dale Webb for a morning of silent meditation and prayer. All who enjoy silent prayer or meditation are welcome. A brief orientation and instruction in the way of Centering Prayer will be available. First Congregational UCC, Friendship Hall, 2000 Humboldt Street, Santa Rosa.

FREE
DROP IN

Artist Opening Reception, Mandy Bankson

June 1, 5:00 p.m. - 7:00 p.m.

Meet local artist Mandy Bankson while enjoying an evening of complimentary appetizers and wine. Contribute \$10 to the Journey Center for a chance to own a reproduction of one of Mandy's beautiful paintings. You can view Mandy's paintings at the Journey Center gallery, Monday - Friday, 10:00 a.m. - 4:00 p.m. The show runs through July 11.

PRE-
REGISTER
PRE-PAY

Group Spiritual Direction for Women with the book *Present, Over Perfect*—CLOSED GROUP

June 5, 7:00 pm - 9:00 pm

Group spiritual direction provides a safe space to meet God in the presence of others and explore the ways God moves in our lives. We'll respond to readings from the book *Present, Over Perfect* in both silence and group sharing. **Suggested donation:** \$90 for 10-session series, may be paid in three installments (plus book, \$15).

DONATE
DROP IN

Contemplative Guys Group

June 11, 7:00 pm - 8:30 pm

Join Spiritual Director Christopher Huber and other men as we tend to the stirrings of our hearts and minds in pursuit of becoming transformed by the Divine. **Suggested donation:** \$5-\$15.

FREE
DROP IN

Santa Rosa Downtown Market

June 13, 27 5:00 pm - 8:30 pm

For the 13th year in a row, we are blessed to set up our healing prayer booth at the Santa Rosa Wednesday Night Market. We get the opportunity to build relationships with those who come to the booth for prayer and then return in subsequent weeks to tell us updates. **If you feel called to share your spiritual gifts of hospitality, love and prayer, please call us at (707) 578-2121.**

CALL
FOR
INFO.

Group Spiritual Direction for Professional Caregivers, Clergy and Chaplains

June 18, 6:30 pm - 8:00 pm

Do you have a profession where you counsel, care for or serve others in crisis, trauma or under stress? We currently have a group formed and sometimes spots open with this group. **Please call (707) 578-2121 for more information.**

PRE-
REGISTER
FREE

Be the Bridge to Racial Unity movie and discussion night

June 19, 6:30 pm - 9:00 pm

Be the Bridge to Racial Unity is hosting an evening to watch the documentary, "*White Like Me*" and then discuss it together in small groups. This event is open to anyone who would like to grow in their understanding of the process of racial reconciliation. **This coming Fall we will be launching a longer term commitment group dedicated to building bridges to racial unity through relationship and dialogue.**

PRE-
REGISTER
PRE-PAY

Enneagram Exploration Experience

June 22, 6:30 pm - 9:00 pm

June 23, 9:00 am - 5:00 pm

Join Joanna Quintrell, certified Enneagram teacher to discover this wonderful tool for personal growth, healing and better relationships. Participants take the online WEPSS Enneagram inventory (\$10 at www.wepss.com) prior to the workshop and bring the results with you. Registration required by June 15. **Workshop fee: \$100 per person + \$10 online inventory fee.**