

NOVEMBER 2018



1601 Fourth Street
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(707) 578-2121
www.journeycenter.org
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Everyone Welcome
Workshops • Retreats • Art Gallery • Spiritual Direction

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please stop by for a visit if you're looking to give your mind, body and spirit some rest, Monday - Friday 10:00 a.m. - 4:00 p.m.</p> <p>You'll always find warm hospitality and a cup of coffee/tea. And there's always someone to talk and/or pray with. We look forward to welcoming you.</p>		<p>We are a 501 (c) 3 non-profit and its only by your generous donations that we are able to serve our community.</p> <p>Register and/or pay for a classes, workshops or events online at www.journeycenter.org/regForm.php or call the Journey Center at (707) 578-2121.</p>		<p>1 5:30 pm Centering Prayer</p>	<p>2 12 pm A Quiet Place for Lectio Divina</p>	<p>3 9 am Companions in Grace...a morning in silence-FCCSR</p>
4	<p>5 12 pm Centering Prayer</p>	<p>6 12 pm Imaginative Prayer</p>	<p>7 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina</p>	<p>8 5:30 pm Centering Prayer</p>	<p>9 12 pm A Quiet Place for Lectio Divina 5 pm Opening reception: Holiday Art Show and Sale</p>	10
<p>11 7 pm An Evening of Celtic Harp with Brendan Swift</p> <p>Limited seats available Buy tickets in advance</p>	<p>12 12 pm Centering Prayer 6:30 pm Be the Bridge to Racial Unity 7 pm Contemplative Guys group</p>	<p>13 12 pm Imaginative Prayer</p>	<p>14 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina</p>	<p>15 5:30 pm Centering Prayer</p>	<p>16 12 pm A Quiet Place for Lectio Divina 6:30 pm Stories of Healing & Transformation from Kenya</p>	<p>17 4 pm Paint Night Party with Alana Tillman</p> <p>Limited seats available Buy tickets in advance</p>
18	<p>19 12 pm Centering Prayer 6:30 pm Group Spiritual Direction for Caregivers</p>	<p>20 12 pm Imaginative Prayer</p>	<p>21 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina</p>	<p>22 Journey Center closed for Thanksgiving</p>	<p>23 Journey Center closed for Thanksgiving</p>	24
<p>25 7 pm December 2 First Sunday of Advent Advent Reflections: A Candlelight Contemplative Gathering</p>	<p>26 12 pm Centering Prayer 5 pm The Attorney Is In 6:30 pm Be the Bridge to Racial Unity</p>	<p>27 12 pm Imaginative Prayer</p>	<p>28 12 pm Contemplative Prayer UMC Sebastopol 6:30 pm Centering Prayer & Lectio Divina</p>	<p>29 5:30 pm Centering Prayer</p>	<p>30 12 pm A Quiet Place for Lectio Divina Introduction to Advent mini-retreat, details to come</p>	<p>1 Introduction to Advent mini-retreat, details to come</p>

We exist to offer a Christ-centered haven for spiritual exploration and reflection.

FREE
DROP IN

Centering Prayer Groups

Mon, Noon - 12:45 pm
Thurs, 5:30 pm - 6:00 pm (not meeting Nov. 22)

A time of prayer and contemplation in which we practice a Christ-centered form of meditation. People on all silent meditation paths are welcome, both beginners and experienced practitioners.

FREE
DROP IN

Weekly Contemplative Prayer/ Meditation Group: Centering Prayer/Prayer of the Imagination United Methodist Church, Sebastopol

Wed, Noon - 1:00 pm (meets in the sanctuary)

You are invited to encounter Christ in silence, in contemplation and in the imagination, as we practice Christ-centered forms of meditation. Beginners and people on all meditation paths welcome.

FREE
DROP IN

Imaginative Prayer: Encountering Christ in the Gospels

Tues, Noon - 1:00 pm

Encounter Christ in the stories of His life using the gift of your God-given imagination. This gathering offers a guided prayer/meditation time in which the events of the life of Christ become present and personal, allowing us a direct experience of the love of God.

FREE
DROP IN

Centering Prayer and Lectio Divina

Wed, 6:30 pm - 8:00 pm

We begin with Centering Prayer, a method of silent prayer that opens and prepares us to experience God's presence and transforming love. Silent prayer is followed by the spiritual practice Lectio Divina and sharing.

FREE
DROP IN

A Quiet Place for Lectio Divina

Fri, Noon - 1:00 pm (not meeting Nov. 23)

Following this Christ-centered form of meditation, we embrace the ancient art of praying the Scriptures known as Lectio Divina where we listen with the "ear of the heart" with the aim of nourishing and deepening our relationship with the Holy One.

FREE
DROP IN

Companions in Grace . . . a morning of silence

Sat, November 3, 9:00 am - 11:15 am

Join Carla Holt and Dale Webb for a morning of silent meditation and prayer. All who enjoy silent prayer or meditation are welcome. A brief orientation and instruction in the way of Centering Prayer will be available. First Congregational UCC, Friendship Hall, 2000 Humboldt Street, Santa Rosa.

FREE
DROP IN

Sonoma County Strong Quilt Art Show

Monday - Friday, 10:00 am - 4:00 pm

Quilters were asked to submit textiles that interpret how the quilter has experienced transformation in themselves, others and the community due to the fires of fall 2017. **The show runs through November 4.**

FREE
DROP IN

Wonderful Gifts In Small Packages Holiday art show and fundraiser

November 9, 5:00 pm - 7:00 pm

Meet the artists and enjoy complimentary appetizers and beverages. Your purchases support the work of local artists and the mission of the Journey Center. Purchase art at the opening reception and at the Journey Center Monday - Friday, 10:00 a.m. - 4:00 p.m. through December 20. **Free admission.**

PRE-
REGISTER
PRE-PAY

An Evening of Celtic Harp with Brendan Swift

November 11, 7:00 pm - 8:30 pm

Local musician Brendan Swift invites you to a journey through time and across the Atlantic, exploring joyful and contemplative music out of the Celtic, Nordic, and North American traditions. Limited seats available. **Suggested donation:** \$15-\$20.

DONATE
DROP IN

Contemplative Guys Group

November 12, 7:00 pm - 8:30 pm

Join Spiritual Director Christopher Huber and other men as we tend to the stirrings of our hearts and minds in pursuit of becoming transformed by the Divine. **Suggested donation:** \$5-\$15.

THIS
GROUP IS
CLOSED

Be the Bridge to Racial Unity

November 12 & 26, 6:30 pm - 8:30 pm

This small group will engage in a dialogue of racial justice and reconciliation as we go through the *Be the Bridge* guidebook. We will also view videos and have discussion.

PRE-
REGISTER
FREE

Quilts for Empowerment: Stories of Healing and Transformation from Kenya

November 16, 6:30 pm - 8:00 pm

Join Christine Fox and Norah Amisi Otondo to hear inspirational stories about their work with women in Kenya who have suffered from a condition that occurs after childbirth or sexual assault. The nonprofit, *Quilts for Empowerment* was formed to give women ostracized from their communities and families a road back to wholeness. **Suggested donation:** A donation of any amount to *Quilts for Empowerment*.

PRE-
REGISTER
PRE-PAY

Art Night with Alana Tillman

November 17, 4:00 pm - 7:00 pm

Join artist Alana Ciena Tillman for a fun night of painting, sampling appetizers, wine and other beverages and living into your creative side. Limited seats available. **Workshop fee:** \$35 includes art supplies, instruction, drinks & small bites.

CALL
FOR
INFO.

Group Spiritual Direction for Professional Caregivers, Clergy and Chaplains

November 19, 6:30 pm - 8:00 pm

Do you have a profession where you counsel, care for or serve others in crisis, trauma or under stress? We have a group formed and sometimes spots open with this group. **Call (707) 578-2121 for more information.**

PRE-
REGISTER
FREE

The Attorney is In

November 26, 5:00, 5:45 & 6:30 p.m.

Meet with attorney Roy Johnston at the Journey Center for a no-cost 30-minute consultation. **Call the Journey Center (707) 578-2121 to schedule an appointment.**