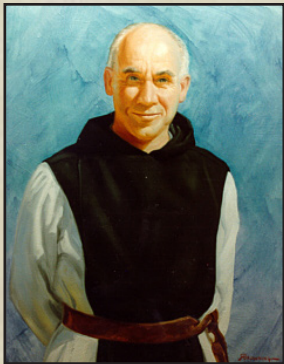
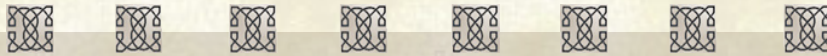


Meeting the Mystics Series



A monthly gathering at the Journey Center.

Throughout the past 2,000 years, men and women have been called to the mystical path of ever-deepening relationship with the Divine and have encouraged followers of Christ to engage more and more fully with Holy Mystery.



Friday, March 15, 7-9 p.m.

Thomas Merton: The Seeds of the True and False Self

Thomas Merton has been called 'the first post-modern Christian mystic'. In this workshop we will examine his central understanding of the spiritual journey as an exploration of what he

called the true and the false self. This presentation will explore what Merton understood by these terms, and how his teachings on this subject may illuminate our own journey towards freedom, healing and transformation today.

Facilitator: Susan Shay received her Masters degree in Christian Spirituality from the Graduate Theological Union in Berkeley in 2010. The subject of her thesis was Thomas Merton, and her primary interest is in the recovery of the wisdom and mystical tradition of Christianity of which Merton was one of the earliest contemporary pioneers.

Suggested donation: \$20.

In this series, we will be inviting speakers to introduce us to these contemplative ancestors of ours. In each session we'll learn about a particular mystic, experience a practice that supported them in their journey, as well as have time for personal reflection and sharing.



www.journeycenter.org