

# The Contemplative Life Series

**Free  
Workshop!**

**A Holy Longing:  
Following the Contemplative Path of Desire**  
Monday, September 10, 2012, 7:00-9:00 p.m.

## Are you longing for something 'more' in your spiritual life, but are unsure of what that is?

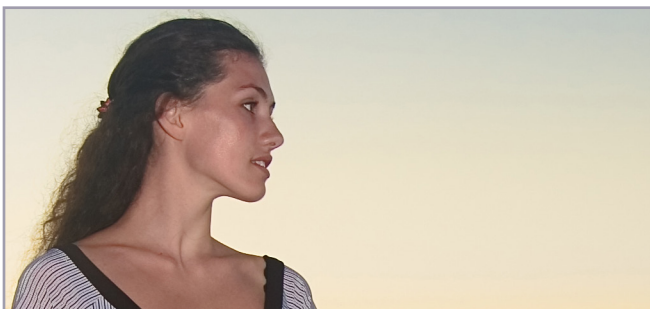
Is what you most desire changing? Has your relationship to Spirit been shifting in ways that are uncomfortable, even confusing? Have the life experiences and spiritual practices that once nourished you no longer satisfying? Come and explore in a safe place the stirrings that may be calling you into exploring newly emerging God-given desires for body/mind/spirit/community/contemplation.

Jesus asked people in many different ways; 'What do you want?' The spiritual journey is often one of discerning and following desire, through times of fulfillment and dryness, into ever-deepening relationship with our true self and with The Holy. People on all spiritual paths are welcome as we listen together for the movements of Mystery and how they may be calling you into the next phase of your journey.

*Facilitated by Ruah Bull, and the  
Journey Center Spiritual Direction Staff.*

*Cost: Free*

*Held at the Sebastopol United Methodist  
Church.*



***Pre-registration is required.***

***Register on our website or by calling the Journey Center at 707-578-2121.***