

Come Away... to A Quiet Time



"Come Away with Me, My Beloved ..."
Song of Solomon 2:10, 8:14

- An evening experience of quiet, meditative time -

Do you long to:

*...just stop ...get quiet ...calm yourself
...breathe in God's love and comfort and
strength and peace?*

*This is a drop- in group where there is
a mixture of meditative quiet sitting...
sometimes with music, with words,
with the imagination, with poetry or
scripture.*

*There are three movements each night,
with 5 mins of silence in-between. Please
come experience the value of quiet to
your mind, body and spirit.*

*Come as your schedule allows; enter in
silence if the Quiet Time has begun.*

*Come and experience a variety of ways
to pray and enter into holy time.*

Dates:

3rd Fridays:
Sept 21, Oct 19, Nov 16

Time:

7:00 – 8:00 p.m.

Location:

Journey Center, Donations appreciated

We welcome members of all 12 Step groups and those living in sobriety and recovery, and offer this group time as an opportunity to practice the 11th step: "Sought through prayer and meditation to improve our conscious contact with God..."

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Christ-centered spirituality,
healing and wholeness