

The Enneagram Series - *for the Beginner*



The Enneagram is a nine-point diagram that refers to nine basic personality types with distinct patterns of thinking, feeling and acting. This ancient tool can be used for personal and relational transformation.

The Enneagram: A Tool for Transformation

(Free Introductory Workshop)

Wednesday, September 26

6:30 - 9:00 p.m.

Join Joanna Quintrell, spiritual director at the Journey Center, for this free workshop designed to introduce you to the Enneagram, an ancient tool for personal and relational transformation. You will learn a lot about yourself and others in a relaxed and fun setting! *Cost: Free.*

The Enneagram Exploration Group

Five Wednesday evenings:

October 10 - November 14

No Meeting October 24th

7:00 - 9:00 p.m.

Join Joanna Quintrell, spiritual director and certified Enneagram workshop presenter, and others interested in personal growth, spirituality, healing and better relationships. Explore in depth the nine types of the Enneagram (an ancient tool for transformation) and discover the unique person you were created to be.

Cost: Individuals: \$120 + \$10 assessment inventory fee; each additional person you bring is \$60 + \$10 assessment inventory fee. (We are happy to arrange a payment plan for you.)

This workshop and group are held at the Journey Center (1601 4th St.) in Santa Rosa.

For more information or to register, see our website at

www.journeycenter.org

or call The Journey Center at

707-578-2121.



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