

# Thresholds: a Day of Retreat

*Co-sponsored by The Journey Center and  
Mimesis of Oakmont Community Church*

Saturday, September 29, 2012  
9:00 a.m. - 4:30 p.m.

***As we journey along our path, we come to forks in the road that call us to pause and discern to commit to a particular direction. These Thresholds that we will be exploring in prayer and reflection mark endings and present new beginnings.***

One of the great mysteries of the Christian tradition is the teaching that all things, the good and the bad, are integral in spiritual transformation. Each of us has a unique spiritual direction, and every person and circumstance contributes to that path. We are brought to Thresholds, which often bring a sense of loss and confusion – but also lead to hope and discovery, newness and birth.

In this retreat we will have time for personal solitude and group contemplative prayer and sharing in which to consider our own unique Threshold journey.

**Retreat Location:**

Westerbeke Conference Center  
2300 Grove Street, Sonoma, CA

**Facilitated by:** Journey Center  
Spiritual Directors Dick Meyer, Laurie  
Goldstein, Dan Beach and Ruah Bull

**Cost:** \$76.00. **Please register** ahead of time for one of the available spots and to receive retreat information. Register on our website ([www.journeycenter.org](http://www.journeycenter.org)) or by calling the Journey Center at 578-2121.