

ENCOUNTERING THE HOLY ON THE PATHWAY OF SPIRITUAL DIRECTION

A Suggested Reading List

Candlelight: Illuminating the Art of Spiritual Direction, by Susan S. Phillips. Morehouse Publishing, 2008. *Candlelight* offers an intimate view of spiritual direction through written re-enactments of actual spiritual direction sessions. The experiential practice is accompanied by theoretical and theological foundations guiding it. The book includes the stories of nine men and women whose stories illustrate how the journey of Christian discipleship is helped by spiritual direction.

Holy Listening: The Art of Spiritual Direction, by Margaret Guenther. Cowley Publications, 1992. Guenther uses the images of the spiritual director as host, teacher, and midwife to describe the ministry of spiritual direction today. She pays particular attention to spiritual direction for women. The stories of real people bring the practice of spiritual direction alive.

Spiritual Direction: Wisdom for the Long Walk of Faith, by Henri Nouwen. HarperOne 2018. Beloved author, priest, and internationally recognized spiritual master, counselor, and guide—offers gentle wisdom for universal questions of the spiritual life: Who am I? Where have I been and where am I going? Who is God for me? Where do I belong? How can I be of service?